



# Jay Prakash

Lab Assistant Military Science  
Department of Higher Education Uttarakhand

## About Me

I am a disciplined and hardworking individual with a strong sense of responsibility and integrity. I believe in honesty, teamwork, and dedication towards public service. My goal is to contribute effectively to the growth and efficiency of the organization. I am always eager to learn new skills and perform my duties with sincerity and commitment.

## Personal Details

Name.	Jay Prakash
Designation	Lab Assistant
Date of Birth	30 August 1989
Nationality	Indian
Marital Status	Married
Gender	Male

## Contact

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P.O. Kilkileshwar  
District Tehri Garhwal  
Uttarakhand ,249161

## Skills

- MS Office (Word, Excel, PowerPoint)
- Email drafting and official communication
- Internet browsing & online portal handling
- Basic understanding of artificial intelligence

## Language

- English
- Hindi

## Education

### M.A. Geography

H.N.B.Garhwal University Uttarakhand  
2011-2012

### M.A. Political Science

Shridev Suman University Uttarakhand  
2016-2017

### B.Ed

H.N.B.Garhwal University Uttarakhand  
2012-2013



## Experience

1. Have been serving in the Department of Higher Education, Uttarakhand, as a Laboratory Staff Member for the past 6 years, contributing to academic and practical support in the institution.
2. Worked as a Guest Faculty (Lecturer) in the Department of Secondary Education, Uttarakhand, for 3 years, delivering quality education and guiding students effectively.